

Behavioral Health Services



The Pediatric Epilepsy Center of Excellence

(PECE) believes that mental health is important to achieving positive health outcomes for our patients and families. Our behavioral health team includes a child and adolescent psychiatrist, a pediatric nurse practitioner, and a licensed clinical social worker.

Behavioral Health Screening Project

The Behavioral Health Screening Project is a survey provided to families and caregivers, designed to assess the current emotional and behavioral status of families. The goal of the survey is to explore the impact that their child's diagnosis has on areas of thinking, attention, sleep, mood, and behavior. It also explores the caregivers' mood, stress, and sleep. Upon completion, the treatment team will review the responses and assess the family's need for additional support.

Services We Offer

Child and Adolescent Psychiatry

- One time consult to assess the current needs of the family and to make appropriate referrals
- Medication Evaluation

Pediatric Nurse Practitioner

- Discuss follow up and treatment for a variety of issues including ongoing medication management and attention difficulties

Clinical Social Worker

Services provided depend on the individual needs of each patient/family and may include counseling and assistance with issues such as:

- Coping with the diagnosis
- Impact of the illness on the patient and family members
- Parenting and care-giving concerns
- Financial challenges
- Access to community resources
- Depression, anxiety, other psychiatric concerns
- Short term individual and/or family therapy services

Clinical Social Worker and a parent of child with epilepsy

- Our team can refer you to a therapist who is also the parent of a child with epilepsy for short term psychotherapy

***Free resource:** Life Support Cards. Ask your medical care team for more information*